



OHDA Teachers Present a Spring Workshop
Sunday, April 26, 2009

Guest Teacher: Jennifer Stephenson, FSDTA SOBHD Adjudicators' Panel

Location: Nepean Creative Arts Center, 35 Stafford Road Bells Corners (behind East Side Marios). The day will consist of any or all of the following: Highland, (Championship steps for Premier) Nationals, Jig and Hornpipe and instruction regarding Physio and Dance Injuries

Time:

8:30 Registration for Pre premier

8:45 Warm up **9:00-12:30pm** Classes

11:00 Registration for Intermediate/Premier

11:15 Classes begin to **4:00**

** Depending on the number of registrants time table may change. Sufficient notice will be provided.

** Snacks and water will be provided.

Beg/Novice \$30.00 non-member \$35.00 Intermediate/Premier \$ 45.00 non-member \$50.00

Fees must be paid in advance by April 20, 2009. Make cheques payable to the OHDA.

Send to: F. Champagne 41 Framingham Cres, Nepean, ON K2J 3J4

**** Proper dancewear required. It is a must. NO jeans, jean shorts or restrictive wear. Hair must be tied back and highland shoes must be worn. If you do not comply, you will forfeit your attendance.**

Dancer's Name _____

Age _____

Level of Dance _____

Telephone number _____

School _____

Parental Signature _____ Date _____

Contact Person incase of emergency _____

Phone # _____

The OHDA or any of their members are not responsible for any lost or stolen articles, injury or damage during the course of this workshop.

- Water will be provided for dancers during the breaks, if you have any special dietary needs please make note on your form or call fiona @ 825-5395
- Intermediates may be combined with the pre-premier in the morning if numbers warrant. You will be notified and the difference in \$ returned.
- There are a limited number of spaces available.
- **DEADLINE IS April 20, 2009.** You can mail it or send it to fchampag@csc.com